

## HOME HEALTH AIDE

### Service Description

**H027-HB**

A service that provides intermittent health maintenance, continued treatment or monitoring of a health condition, and supportive care for activities of daily living at the individual's place of residence.

### Service Requirements and Limitations

1. This service may be provided in the following settings:
  - 1.1 The Division member's home,
  - 1.2 A group home,
  - 1.3 A developmental home (child or adult), or
  - 1.4 A Level I or Level II behavioral health facility.
2. This service shall not be provided when the member is hospitalized.
3. This service shall not be provided to members living in skilled nursing facilities or non-state operated Intermediate Care Facilities ("ICFs").
4. This service shall not be provided on the same day that Attendant Care or Homemaker service is provided.
5. The authorization of this service shall include a review of authorized Attendant Care as the two services can encompass very similar elements of service delivery. This service may be most appropriate for a member who has ongoing nursing service and the coordination of care is most beneficial to the member's goals and expectations.
6. This service must be ordered by a physician and are implemented through the member's individualized care plan developed by the Home Health Agency ("HHA") provider and may only be provided on an intermittent (short-term) basis.
  - 6.1 The member's individualized care plan must be reviewed by a physician every sixty-two (62) days (bimonthly) and authorized/monitored by the Division's Health Care Services in conjunction with the member's Support Coordinator.
7. Home Health Aides shall provide nursing and nursing-related services under the direction and supervision of a registered nurse ("RN"). The services include monitoring of a member's medical condition, health maintenance or continued treatment services, and activities of daily living.

## **Service Goals and Objectives**

### Service Goals

To increase or maintain self-sufficiency of members.

### Service Objectives

The Qualified Vendor shall ensure that the following objectives are met:

1. Obtain an order from the physician for home health aide services.
2. Under the supervision of a RN, develop and implement an individualized care plan for the member which is reviewed with the RN every sixty (60) days and sent to the Primary Care Physician (“PCP”) for approval, based on the member’s self-care skills and health condition.
  - 2.1 Have the member’s individualized care plan reviewed by a physician every sixty-two (62) days (bimonthly) and authorized and monitored by the Division’s Health Care Services in conjunction with the member’s Support Coordinator.
3. Provide nursing and nursing-related services under the direction and supervision of an RN to:
  - 3.1 Monitor a member’s medical condition by:
    - 3.1.1 Monitoring and documenting vital signs, as well as reporting results to the supervising RN or PCP,
    - 3.1.2 Changing dressings and/or bandages,
    - 3.1.3 Providing care to prevent pressure ulcers, and
    - 3.1.4 Determining his/her compliance with nursing instructions and providing reinforcement as needed.
  - 3.2 Provide health maintenance or continued treatment services for the member including, but not limited to:
    - 3.2.1 Personal care activities such as:
      - 3.2.1.1 Bathing/shampooing;
      - 3.2.1.2 Toileting;
      - 3.2.1.3 Bowel, bladder, and/or ostomy programs as well as catheter hygiene (does not include catheter insertion);

- 3.2.1.4 Dressing;
- 3.2.1.5 Routine ambulation, transfers, range of motion activities or simple exercise programs;
- 3.2.1.6 Combing/brushing and fixing hair;
- 3.2.1.7 Skin care including hand and foot care;
- 3.2.1.8 Shaving;
- 3.2.1.9 Nail care;
- 3.2.1.10 Dental/oral hygiene; and
- 3.2.1.11 Assisting with the use of special appliances and/or prosthetic devices.
- 3.2.2 Assisting the member with self-administration of medication.
- 3.2.3 Assisting the member with eating, if required, to maintain sufficient nutritional and fluid intake.
- 3.2.4 Providing information about nutrition.
- 3.2.5 Assisting the member in activities of daily living to increase physical mobility.
- 3.3 Assist the member in activities of daily living by:
  - 3.3.1 Cleaning the member's living area,
  - 3.3.2 Doing the member's laundry,
  - 3.3.3 Shopping,
  - 3.3.4 Banking, and
  - 3.3.5 Cooking for the member, as necessary.
- 3.4 Teach members and families how to perform home health tasks.
- 3.5 Under the direction of the RN, inform the member's Division Health Care Services nurse when there are additional medical problems or social problems identified during the course of service delivery.

### **Service Utilization Information**

1. This service will be authorized based on the nursing needs assessment conducted by the Division's Health Care Services.
2. The Division's Health Care Services will complete nursing assessments at least annually, or more frequently if determined by the Division, to reassess the member's need for this service.

### **Rate Basis**

1. Published. The published rate is based on one (1) hour of direct service.
2. Throughout the term of the contract, the appropriate billing codes, billing units, and associated billing rules are subject to change. All billing codes and billing units, and associated billing rules will be included in the Division's Policies and Procedures Manual, Billing Manual, *RateBook*, and/or other provider resources made available by the Division.

### **Direct Service Staff and Agency Qualifications**

1. Direct Service Staff shall meet the following requirements:
  - 1.1 The qualifications pursuant to 42 Code of Federal Regulations ("C.F.R.") Part 484.4; and
  - 1.2 Is supervised by a RN or by a licensed practical nurse ("LPN") who is supervised by an RN. The supervisor must conduct home visits at least every sixty (60) days.
2. The Qualified Vendor shall meet the following requirements:
  - 2.1 Is a Home Health Agency licensed by the Arizona Department of Health Services ("ADHS") and certified by Medicare utilizing RNs, and LPNs under the direction and supervision of an RN, for both intermittent or continuous nursing care;
  - 2.2 Under certain circumstances in accordance with the Arizona Health Care Cost Containment System ("AHCCCS"), is a Home Health Agency licensed by the ADHS utilizing RNs, and LPNs under the direction and supervision of an RN, for both intermittent or continuous nursing care; or
  - 2.3 Is an independent, registered nurse approved and authorized by the Division who works through a private duty, licensed Home Health Agency.

### **Recordkeeping and Reporting Requirements**

1. The Qualified Vendor shall maintain and provide monthly reports and a copy of the current, signed individualized care plan for each member to the Division's Health Care Services nurse. The Division's Health Care Services nurse will provide this information to the member's Support Coordinator.

2. The Qualified Vendor must maintain daily records on file as proof of the number of hours worked by each direct service staff providing direct service to members.
  - 2.1 Each time sheet, equivalent document, or data system must contain the original signature or other independent verification of the member/member's representative after service delivery confirming the hours worked. Proof of hours worked must be signed or verified by the member/member's representative before the Qualified Vendor submits the claim for payment.
3. The Qualified Vendor shall maintain data that demonstrates full compliance with all programmatic and contractual requirements of the Department and the Division.